

Section One Flag Football Booklet 2025



Sport Chairperson

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IMPORTANT INFORMATION

Pre-Season Coaches Meeting March 4, 2025 (Tappan Zee HS @ 6pm)

Maximum # of Games 16

First Practice March 17, 2025

Rules NFHS/NYSPHSAA

First Scrimmage/Game Permitted after 6 days

Seeding Meeting May 12, 2025

Coaches Awards Meeting May, 12, 2025

Last Day to Play May 10, 2025

Section One Tournament			
Round	Date	Site	Class
1st Round	May 14, 2025	Higher Seed	A, B & C
Quarterfinals	May 17, 2025	Higher Seed	A, B & C
Semifinals	May 21, 2025	Higher Seed	A, B & C
Finals	May 24, 2025	Lakeland High School	A, B & C

Disclaimer: Section One tournament times and sites are tentative. The Sports Committee will finalize the tournament at the Seeding Meeting. Regional and State tournament dates may change due to weather, travel and site availability.

Sectional Finals Admission: \$10.00 - Adults

Regional Competition			
Round	Date	Site	Class
Regional Semifinal	Bye	n/a	A, B & C
Regional Final	5/31	Tappan Zee HS	A- 11 AM B - 1:15 PM C - 3:30 PM

NYSPHSAA Championships			
Round	Date	Site	Class
State Semifinal	June 7, 2025	Homer HS Cortland HS	C- 9:30 AM, 11:30 AM A- 9:30 AM 11:30 AM

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		Cortland HS	B- 1:30 PM, 3:30 PM
State Final	June 8, 2025	Cortland HS Cortland HS Cortland HS	A - 11 AM C - 1:15 PM B - 3:30 PM

Approve Ball Size: The ball size is one size smaller than the standard size ball used for NFHS varsity football (Manufacturers are not consistent in their marketing of a “junior” sized ball). The Spalding Advance Youth is the official ball and size that NYSPHSAA will be providing and is the official ball of Flag Football as noted on the website. This is the next size down from a regulation size football.

- **Spalding Advance Pro – Youth Football Model Number 6858**
- **Spalding Advance Pro – Junior Football Model Number 6868**

ELIGIBILITY

NYSPHSAA Handbook

#26 Representation Rule

Minimum Number of Contests To be eligible for sectional, intersectional or state competition, a team must have completed in **six (6)** school scheduled contests which occurred on **six (6)** different dates during the season.

Team Sports: An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of **six (6)** scheduled contests during the regular season.

ENTERING THE SECTIONAL TOURNAMENT

1. The following actions are the responsibility of the school/coach and need to be taken prior to the Seeding process. A link and reminders to complete these forms will go out through BOCES to your AD's:
 - a. Officials Ratings
 - b. Non-Preferred Officials (submitted via Google Survey)
2. Schools must keep their schedule and game scores up-to-date on the Section One rSchoolToday platform. For questions or concerns, please have your Athletic office contact Wanda Maffia in the Section One office at (914) 922-3522. Please check with your Athletic Director if you are not familiar with the process for submitting scores.
3. Team records and season results will be pulled by the Section One office on or around the last day to play and be considered the official record for the school. It is extremely important that the schedule and scores be accurate because you will be attesting to its accuracy for the purpose of seeding. This process has replaced the Scoreboard system that was used in the past.

NOTE: All game results to date must be entered no later than Monday, May 6, 2024 by 12:00pm. Schools are required to provide the sports chair(s) with the scores and results from games held after this deadline.

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LEAGUES

League A	League B	League C	League D
Wappingers Arlington Ossining Carmel	Yonkers New Rochelle North Rockland Clarkstown Mount Vernon Scarsdale	Lakeland Walter Panas Peekskill Poughkeepsie	Brewster John Jay Cross River Somers Mahopac Yorktown

League E	League F	League G
Horace Greeley Eastchester Tappan Zee Fox Lane	Hendrick Hudson Byram Hills Westlake/Briarcliff Woodlands	Ardsley Hudson River Irvington Bronxville Dobbs Ferry

CLASSIFICATIONS

Class A	Class B	Class C
Wappingers Arlington Ossining Carmel Yonkers New Rochelle North Rockland Clarkstown Mount Vernon Scarsdale	Lakeland Walter Panas Peekskill Poughkeepsie Brewster John Jay Cross River Somers Mahopac Yorktown Horace Greeley Eastchester Tappan Zee Fox Lane	Hendrick Hudson Byram Hills Westlake/Briarcliff Woodlands Ardsley Hudson River Irvington Bronxville Dobbs Ferry